

WORLD CUP  
**2026**

# Cough & Sneeze Etiquette

## Game Day the Healthy Way

Let's celebrate together safely!



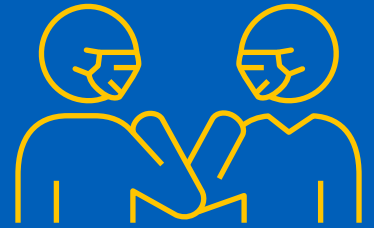
### Cover your mouth when coughing or sneezing.

This simple act prevents  
the spread of germs.  
It keeps other people safe  
during the event.



### Throw away tissues.

Use tissues to catch sneezes  
and coughs, then throw them  
away in designated bins.  
Keeping the area clean helps  
reduce the spread of illness.



### Wear a mask if you are not feeling well.

If you're feeling unwell,  
wear a mask to protect those  
around you. This small  
gesture shows you care  
about your fellow fans.

